

# VOLTZ s e e d s

# **MICROGREENS**

VEGETABLES
HERBS
BRASSICAS
LEAFY GREENS
FLOWERS

**CONTACT US** 

## **SUMMARY**

VEGETABLES	
Red beet	5
Cucumber	5
Corn	5
Leek	5
Maple leaf pea	5
Affila pea	5
HERBS	
Green basil	6
Lemon basil	6
Thai basil	6
Purple basil	6
Dill	7
Coriander	7
Chervil	7
Lovage	7
Parsley	7

BASSICAS	
Broccoli	8
Kale cabbage	8
Red cabbage	8
Komatsuna	8
Red mizuna	8
Green mizuna	8
Green radish	9
Pink radish	9
Sango radish	9
Green mustard	9
Red mustard	9
LEAFY GREENS	
LEAFI GREENS	10

LEAFY GREENS	
Cress	10
Lucerne	10
Red sorrel	10
Rocket	10

FLOWERS	
Amaranth	11
Borage	11
Sunflower	11
Green nasturtium	11
Red nasturtium	11



# CAREFULLY SELECTED **VARIETIES**

All the varieties we offer in our microgreens range have already been grown in-house, in our laboratory in Brain-sur-l'Authion. We sow them in substrate and then place them in a phytotron, a growth chamber that allows us to control environmental parameters such as temperature, humidity, and the length of the day/night cycle. In this way, our varieties are all tested and compared under strictly identical conditions.

These tests allow us to monitor essential characteristics for varieties intended for microgreens production, such as uniformity in color and shape, crop cycle length, and of course, taste!

## **CONTROLLED SEED QUALITY**



#### **GROWING TIPS**



## **GROWING TIPS**

For some varieties, the seeds can be immersed in water beforehand to speed up germination and ensure that it is uniform.

Sowing density varies according to growing methods and growers' wishes. Most microgreens are grown indoors: the seeds are sown on hydroponic mats (cotton, hemp, recycled paper, etc.). They can also be grown outdoors or in potting soil (mixed with peat moss, coconut fibre, vermiculite and compost if required).

After sowing, the growing medium must not dry out, otherwise germination of the seeds will be delayed or blocked. After 7 to 21 days, the microgreens can be harvested. If they have been grown in trays, they are sometimes sold as such; they can also be cut, flush with the roots, for presentation in trays or bunches.

Microgreens growers must pay particular attention to hygiene and compliance with health regulations. Microgreens are grown for a very short time, and the humidity and sowing conditions are highly conducive to the development of fungi and bacteria. The equipment, which is generally reusable, must therefore be perfectly clean. Good light and ventilation are required, but the investment to get started is not very substantial.

As each production system is unique, a trial phase is recommended before commercial production



### **VEGETABLES**



Red beet Beta vulgaris Cycle\*: 15 d

Add color to your plate with beet's bright red stems. Sweet and earthy



## Cucumber

Cucumis sativus
Cycle\*: 7 d

Add a refreshing touch without any bitterness with cucumber microgreens. Easy to grow, cucumber microgreens have thick, dark green stems and leaves.



### Corn Zea mays Cycle\*: 10 d

Delicious sweet flavour of sweetcorn. A bit harsh if overgrown.



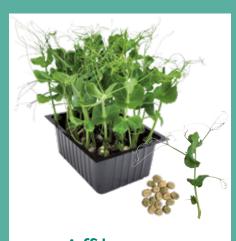
### Leek Allium ampeloprasum Cycle\*: 15 d

Very decorative light green shoots topped by their black seeds. Excellent seasoning for many recipes with its nice onion taste.



# Maple leaf pea

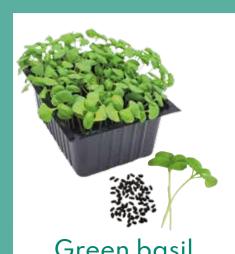
Maple leaf pea type is compact and without tendrils. This type has the strongest pea flavour.



### Affila pea Cycle\*: 13 d

Affila pea type produces long shoots, with a lot of tendrils. Sweet pea taste.

### **AROMATICS**



Green basil
Ocimum basilicum
Cycle\*: 20 d

Add a flavour explosion with green basil. All the flavour of basil, concentrated within the bright green sprouts.



Lemon Basil Ocimum basilicum Cycle\*: 18 d

Strong basil flavour with a lemon taste at the end. Very attrative bright green shoots.



Green sprouts with a complex flavour of basil and aniseed. A first-class choice for skilled cooks.



With their dark red stem and leaves, bring color to your plate with red basil microgreens. Strong basil taste, very fragrant.





Dill
Anethum graveolens
Cycle\*: 10 d

With its thin and tasty sprouts, dill microgreens adds an elegant touch to your plates.



Coriander Coriandrum sativum Cycle\*: 16 d

Thin bright green stems with a pretty dented first leaf. Strong coriander taste.



Chervil
Anthriscus cerefolium
Cycle\*: 14 d

Add a touch of delicacy with chervil microgreens. Thin green shoots with a very attractive dented first leaf.



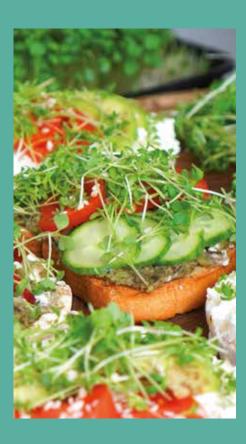
Lovage
Levisticum officinale
Cycle\*: 20 d

Add some Umami to your plate with Lovage, also called the «maggi herb». Bright green with thin stems makes it very attractive.



Parsley
Petroselinum crispum
Cycle\*: 17 d

Add a touch of elegance with parsley microgreens. Wait for the first leaf to appear to have an attractive dented leaf.



### **BRASSICAS**



Broccoli
Brassica oleracea
Cycle\*: 8 d

Very uniform and easy to grow microgreen with a nice green color.

Sweet brocoli taste.



Kale cabbage Brassica oleracea

Cycle\*:8 d

Very uniform shoots, with beige stems and dark green leaves. Sweet cabbage taste with a nutty flavour.



Red cabbage
Brassica oleracea

Cycle\*:8 d

Very appealing look, with uniform pink colored stems and green leaves. Sweet cabbage taste.



# Komatsuna Brassica rapa var. perviridis Cycle\*: 8 d

Add a variation of color with Komatsuna. Shoots go from bright green to intense red. Easy to grow, Komatsuna has a sweet cabbage taste.



#### Red mizuna Brassica rapa japonica Cycle\*: 8 d

Easy to grow, red mizuna has white stems with dark green to purple leaves. Mizuna has a spicy taste close to mustard.



## Green mizuna Brassica rapa japonica

Cycle\*:8d

Spice up your plates with green mustard. White stem with bright green leaves.



Green Radish
Raphanus sativus
Cycle\*: 7 d

Easy to grow, green radish has a crunchy texture with a nice radish spiciness.



Pink radish Raphanus sativus Cycle\*:7 d

Easy to grow, uniform and very attractive pink stems. Crunchy texture with a spicy radish taste.



Sango radish
Raphanus sativus
Cycle\*: 7 d

Add color to your plate with the radish Sango, surprising microgreens made of bright pink stems and dark purple leaves.



# Green mustard Sinapis alba Cycle\*: 10 d

Spice up your plates with green mustard. White stem with bright green leaves.



Red mustard
Brassica juncea var. rugosa
Cycle\*: 10 d

Red mustard microgreens have a spicy taste that will brighten up your plate. Very uniform dark red leaves on top on a white stem.



### **SHEET**



Cress
Nasturtium officinale
Cycle\*:8 d

With its trilobed leaves, this cress has a very attractive look. Easy to grow and uniform, cress adds a refreshing peppery taste.



Lucerne Medicago sativa Cycle\*: 15 d

Alfalfa or Luzerne has a really attractive first leaf stage, with its round bright green leaves.



Red sorrel
Rumex acetosa
Cycle\*: 20 d

Sorrel has a unique appearance with its bright greens leaves veined with red. Interesting acid flavour.



Rocket Eruca sativa Cycle\*: 10 d

Quick and easy to grow, rocket salad microgreens are uniform and bright green from stem to leaves.



### **FLOWERS**



Amaranthus oleraceus
Cycle\*: 10 d

Amarant's deep red color makes it an ideal decoration for gourmets. Very uniform and easy to grow, Amarant is a must have.



Borage Borago officinalis Cycle\*: 10 d

Borage microgreens have thick stem and leaves, giving it a crunchy texture and a refreshing taste. Perfect for cut leaves sales.



Sunflower
Helianthus annuus
Cycle\*: 8 d

Sunflower microgreens have thick stems and leaves giving them a crunchy texture. Perfect for cut leaves sales.



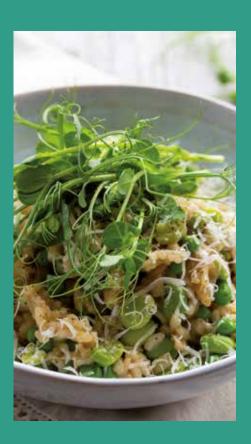
Green nasturtium

Tropaeolum majus
Cycle\*:10 d

Short cycle Nasturtium with big green leaves. Unique peppery taste.

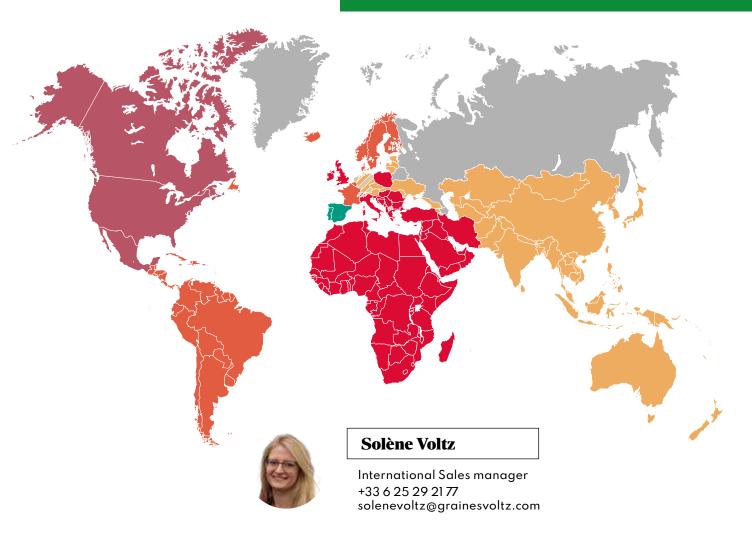


Compact Nasturtium with pink stem and green-blue leaves. Unique peppery taste.





## A TEAM AT YOUR DISPOSAL









#### **Emmanuel Guay**

+33 (0)6 14 31 54 68 eguay@grainesvoltz.com



#### Jean-Marie Rozec

+1 (647) 553-5872 jmrozec@grainesvoltz.com



#### Natalia Morosova

+49 (0) 162 775 6339 nmorosova@grainesvoltz.com



#### **Pascal Gastaldello**

+33 (0)6 17 24 07 65 pgastaldello@grainesvoltz.com



#### **Wolfgang Fischer**

+49 (0) 172 712 3954 wfischer@grainesvoltz.com

VOLTZ SEEDS